

# Ep024: Declutter Digital Photos

[00:00:00] Welcome to this week's episode of the Decluttered Mom Podcast. I am Diana Renee, your host, and I'm really excited to talk to you this week about Photos, . Maybe when you hear that word, you get really excited. Or maybe you're filled with dread. Because if you are a mom, you probably have thousands, tens of thousands, potentially even a hundred thousand photos on your phone.

[00:00:27] Why? Because we document every single aspect of our children's lives, it seems right, and we take screenshots of things we need to remember. and our, before we know it, our, our photo albums are just like overrun with duplicates. And if you're anything like me too, I, my girls have access to an iPad that is connected to my Apple account.

[00:00:56] And so anytime they take photos or [00:01:00] videos on the iPad, it comes onto my phone and onto the cloud and all of that, and they're at the age where they love to do performances, dances, and songs and plays, and take silly pictures and ask each other funny questions all on video. And so my camera roll can very, very, very, very easily.

[00:01:23] Out of control fast. If that's you too, then please stay tuned for today's episode because I'm gonna show you some simple things you can do to tackle photo clutter. You're listening to the Decluttered Mom Podcast, a podcast built specifically for busy moms by a busy mom. I'm your host, Diana Renee, and in 2017 I had my second daughter and it felt like I was literally drowning in.

[00:01:52] Okay. Not literally, but I felt like I couldn't breathe with all of the stuff surrounding me over the next 10 [00:02:00] months. I got rid of approximately 70% of our household belongings, and I have never looked back. I kind of feel like I hacked the mom system and I'm here to share all the tips, tricks, and encouragement.

[00:02:15] Let's listen to today.

[00:02:19] But before we begin, I wanted to let you know that there is just two more days of \$100 off my signature decluttering program called Minish Starts here. Um, We just did a big challenge, a five day decluttering challenge. It was really, really, really amazing. It was the biggest challenge we've ever had, the most people in it, and it was by far the most active.

[00:02:46] It was a little insane. But, but a fun, insane, um, and women were just making so, so, so much progress. And so what we did after the end of the five days is [00:03:00] opened up a discount to my full. Like A to Z step by step decluttering program that teaches you not only how to fully declutter your home, but also how to then systemize it with routines and systems and habits that are going to make running your home and managing your household.

[00:03:21] Take way less time and way. Stress. Essentially, you are going to be able to learn how to wake up and have your home be a blank slate for the day versus waking up and having a thousand to-dos, staring back at you that you are just finding all over your house. Right? Um, so this. Program also includes a members only private community.

[00:03:48] That is one of the most supportive mom groups I have ever been a part of because, you know, if you've ever joined a mom group on Facebook, they can be [00:04:00] brutal and they are full of drama and there's always something going on and it's negative. Um, this group is like a sisterhood and. The encouragement that happens in there, the motivation that happens in there is just, you just don't really see that, um, among moms together these days.

[00:04:20] And it's just so refreshing. So this member's only community is only open to people who are in the program and. We have coaches in there who are alumni of the program, and so anytime you have any question on any aspect of your home, you can post in that group and you will get feedback a hundred percent.

[00:04:41] We guarantee that we will reply and help with every single post that's posted in there, and so. . Those are just a few highlights of this program, but essentially what it comes down to is how you feel in your home and how you want to feel in your home. Because if you feel like you spend all your time picking up [00:05:00] after everyone, this program will teach you how to.

[00:05:04] Build in more time outta your day because we are getting rid of the excess. We are then systemizing and so we are managing and taking care of our household in a better way, but with way less time. So it's really, really a win-win. But we want you to be in your home and we want you to feel peaceful. We want you to feel calm.

[00:05:27] We want you to feel like you have the energy and the. For motherhood and for just being human and not just feel like everything around you is chaos all the time, and that is what the program does. So, A hundred

dollars off until Thursday night at midnight this week, so January 12th. And you can get all the info, all the details at the link below.

[00:05:55] You can also DM me on Instagram if you have any questions at all. But we would [00:06:00] love, love, love, love to see you in there because it is the new year and we are going to just hit the ground running inside the members only. Let's talk about photos. Okay, so we already know how much of an issue, how much of a problem photos, digital photos can be because we use our phones so much and we don't have.

[00:06:25] Disposable cameras anymore, and we don't have digital cameras anymore. It's just all on our phone. Right. And then we have our phone attached to our hands most time of the day. And so we are taking more photos and videos than we ever have before, and we don't know how to manage that. Right. So we're not gonna get into the actual like organization of photos because that's another entire.

[00:06:50] Game, but we are gonna talk about decluttering photos and making it more manageable so that when you open your photos app, it doesn't say [00:07:00] 47,000 . It's at least something that you can like look at it and take a deep breath and be okay. Okay. So there are. Two methods that I wanted to talk about today that I'm really excited about, especially because it's the beginning of the year and this first method works really, really, really, really well.

[00:07:18] Um, and it's something that is fun in a way because. Okay, I'm getting ahead of myself. So let's just talk. Let's just jump into exactly what you need to do with this method. So if you go into your photos app and reminder, I am on an iPhone. If you're not, I'm sorry, I don't have an Android. I don't know how they work.

[00:07:38] I don't know if it will be similar or not. Hopefully it would. But for the purposes of this method, I am using an iPhone. So if I go into photos and then I click search. and then I type in today's date. So if we type in January 10th, so January 10, and then [00:08:00] hit search, then all photos or videos or screenshots or anything that were taken on January 10th of any year from your phone is going to pop.

[00:08:13] So you can click on it and then you can easily go through and delete the ones that you don't want. And you can even organize them into folders if you want. Because what we're doing is we're taking the entire. Album the entire, however many thousands of photos we have, and we're breaking it down into bite sized days.

[00:08:36] And when we look at our days, typically it's not gonna feel so overwhelming because there's a much, much smaller chunk. So if you have 30,000 photos in your photos on your phone, then you might have 90. on a day, right? And so that feels much more doable. I like to do this when I'm just like laying in bed at night or when the girls, I'm having a hard [00:09:00] time getting the cruise to go to sleep and I'm sitting there.

[00:09:02] I'll just sit there and I'll look through the day on my photos app and I will just. Tidy it essentially, right? So you can go through and do the mass select for all the screenshots that you have, or if you have, uh, you know, like I'm looking at mine right now as I speak. So we took family photos at my mother-in-laws on this day at one point, and there's like 17 photos that have us.

[00:09:31] You know, like varying trying to get my oldest to calm down and sit down for the picture, like so many duplicates are close to it, so I can easily go through it and delete a bunch of 'em because I see the ones that I want to keep, especially being so far removed from it. Now I see like, oh. , that's a photo I want.

[00:09:50] And then I look at the next one where my daughter's like not able to sit down and I'm like, okay, I don't really want that one. Right. And so we're able to do that really, really [00:10:00] easily. Also, you guys, this is kind of fun like, because it's really, it's like a time hop, right? It's like a memory going down memory lane each day.

[00:10:10] And the reason I like to do this at bedtime when I'm trying. Not when, when I, when my girls are still awake, but when they're supposed to be laying down and closing their eyes and they're having a hard time is, it's kind of nice to like remind myself like, okay, they're, they're already getting so big.

[00:10:27] Like they look at them, look at this little tiny, teeny tiny baby picture and look, oh, look at this video of when they were three. And it's kind of like a good reminder when I'm maybe feeling a little frustrated at bedtime. That okay, it's okay. We're doing okay. And before I know it, they're gonna be like, in college and I'm gonna be so sad and so I need to like cherish this.

[00:10:50] Right? So it's kind of like a little trick too to, uh, to remind yourself of how quickly things are moving when you're in a tough spot. But [00:11:00] all of that said, it's just kind of nice to look at it and see. It's just memories and it makes you smile. But then it's also in bite-sized portions so you can get through it quicker and you can be a little more ruthless and get rid of like the screenshots

and like the photos that are duplicates or blurry or, or whatever you, it just makes it really easy.

[00:11:19] So if this is a habit that you can stick with, which it's kind of fun, so it makes it a little bit more easy to stick with, and if you can even associate it with a time of day, even better, like for me, bedtime or like laying in bed at night. Then that can make it a really simple thing to do, and then within a year you have your entire photo album completely decluttered.

[00:11:40] If you are really a go-getter and you really like this idea, then once you declutter it, then you can put all the photos into photo albums on your phone. And so that will make it really easy to have 'em all organized, which you would be way, way ahead of the game then. Right. Okay. So that is method number.[00:12:00]

[00:12:00] Method number two is two separate apps. And so I think they both have, uh, their pros and cons. And I think honestly it's just user specific. Like it depends on what you like and how you like. The function of the app. Um, and that's gonna be different for every person. So I wanted to talk about these two apps and why I like them.

[00:12:23] The apps are called Slide Box, that's like slide, like going down the slide and then box, like Amazon Box. Um, and then the other one is called Gemini, uh, and I think it's Gemini Photo app or something like that. But Gemini is the name of the app. They both work. Um, slide box is a little bit more manual and Gemini is a little bit more automatic, but Gemini does cost money in slide box.

[00:12:51] Um, I would have to double check. I think it was free. Maybe it was a very, very, very low cost. Um, but Gem Gemini, I think is like \$20 for a [00:13:00] whole year, like \$5 if you do it monthly. So with Gemini, the really cool thing about that is that it ha it takes your entire photo library and it breaks it down into, um, different categories.

[00:13:13] So like there are similar photos, so if you can click on that and it will pull up all the photos in your entire library that are similar. So kind of like I was talking about earlier with the family photos. , there might be like 17 photos of the same thing. Then that's all gonna pop up into similar. So it's easy for you to just kind of quickly go through them and it will automatically check mark them.

[00:13:36] So you can slide through and then you can uncheck them if you want, or leave them checked. And then at the bottom you can delete and it will

ask you, it will like verify, are you sure you want to delete this? Cuz it's deleting it from your phone, not just from the app. , but then it will go into recently deleted too.

[00:13:53] So if you make a mistake, you can always go quickly into recently deleted and grab it and restore it. It then [00:14:00] has a duplicates, uh, folder. Um, so if you have like, Not ones that just look alike, but actual duplicates. Then it has a videos folder. It has a screenshots folder, which is nice because you guys, if you're anything like me, especially if you have a D H D, you probably screenshot everything.

[00:14:18] Like I screenshot the most random things and I'll look like two days later, and I'm like, why did I screenshot that? Like, what was the purpose of that screenshot? Um, a lot of times it will be to remember something or something I wanna look up later, or a book I wanna read or a quote I liked or what someone said that I had to tell someone like, I don't know.

[00:14:39] It's, it's, it's out of control though. And screenshots get out of control for me. And then they don't do the actual, like, purpose because I don't even know what I'm looking at a few days later. So then there's a folder for screenshots. Um, There's a folder for notes, so like if you take, uh, like [00:15:00] pictures of notes, documents, anything like that, that will go in there.

[00:15:05] There's also blurry , which is, this was one of my favorite folders on here because, uh, Especially with kids and they take photos. There's so many blurry photos, and so that was really easy to go through. Um, so those are the categories inside of Gemini, and I like it just because it breaks down a lot of the junk.

[00:15:28] Air, I'm doing air quotes, you can't see me a lot of the junk in your photo album. So a lot of the things that they're, they're not photos you wanna keep and so it helps you go through those quicker, um, than if you were just to go through the photo album yourself and you're kind of. Waiting through the good photos and the junkie things that you screenshot or anything like that.

[00:15:49] Slide box is the other app and um, like I said, it's a little bit more manual because it comes up, like each photo comes up on your screen one by one and you can [00:16:00] swipe. I'm not gonna tell you which way you swipe because they, I think it recently changed, but you swipe a certain way to delete, you swipe a certain way to keep, and that way like you're just going through it one by one and you're keeping.

[00:16:13] Or deleting, keeping or deleting, depending on the way you swipe. So that can be really helpful too if you're someone who like, feels like you need to look at the photos a little bit more. With Gemini, it's more like, there might be you're just scrolling through photos, right? So that you might see like four photos at a time and you can, you can click on it to make it bigger to check.

[00:16:34] But if you're just a little bit more like, okay, I have a lot of photos I need to go through and I'm gonna get rid of all of. 700 blurry photos. Then Gemini is really good, but it is paid. But slide box, if you're someone who wants to like look at the actual photo, then like up close one by one, that one might be good for you too.

[00:16:56] So here's the thing. You can do one of [00:17:00] these methods, or you could do a combination of all of the methods. I personally think that if you can do one of these apps, plus the daily photo thing, like we talked about the first method, you will go through your photos so fast, you're gonna shock yourself, , and it's gonna be so nice.

[00:17:18] Think about having your phone photos organized and declutter. Oh my goodness. What a breath of relief, right? And so you can do like the daily photo, make a habit of it, that method, but then also when you just have extra time, maybe you're in drive line at school and you're sitting, you've been sitting there for 27 minutes.

[00:17:41] Pull out your phone and do even five or six or seven or 10 minutes of one of these apps like Gemini, and you're gonna get rid of so many photos in that time period. So it's kind of, you're able to work together, um, to maximize the dec, the decluttering [00:18:00] of. Photos on your phone. So I hope this was helpful.

[00:18:04] Uh, I think that this, these are ways that will make it really, really easy and streamlined for you and not overcomplicate it. And it, it just, it feels doable. Because it is doable. And that should feel really good as you're going into 2023. I hope you are finding the podcast helpful, and I hope you found today's episode helpful.

[00:18:23] We would love to see you inside the program and inside the members community. Again, if you have any questions, feel free to DM me or shoot me an email. But we are excited to welcome so many new members this week while we have this promotion and this discount going on, and we would love to see you in there.

[00:18:44] Thanks for hanging out and listening to the Decluttered Mom podcast. If you enjoyed this episode, it would mean the world if you could write a review or share this episode with a friend or your Instagram stories. And if you're on Instagram, be sure to follow [00:19:00] [me@the.decluttered.mom](https://www.instagram.com/me@the.decluttered.mom) and send me a DM to say hi.

[00:19:03] I'd love to hear what you thought about today's episode. I hope you'll come back next week and hang out with us again.